



HICAP Counseling Sites Alameda County Legal Assistance for Seniors



LOCAL HELP FOR PEOPLE WITH MEDICARE

City	Location	Times	Counselor	Call for an Appointment
Alameda	Mastick Senior Center 1155 Santa Clara Avenue Alameda, CA 94501 510-747-7500	1 st - 4 th Tuesdays 10:00, 10:45, 11:30	Gerry Eiselman* (Spanish)	Mastick SC: 510-747-7506
	Alameda Hospital 2070 Clinton Ave. Alameda, CA 94501 510-522-3700	1 st & 3 rd Thursdays 1:00, 2:00, 3:00	Shubha Fanse	HICAP Office: 510-839-0393
Albany	Albany Senior Center 846 Masonic Avenue Albany, CA 94706 510-524-9122	3 rd Fridays 9:30, 10:30, 11:30	Paul Lee (Cantonese & Mandarin)	HICAP Office: 510-839-0393
Berkeley	Center for Accessible Technology at the Ed Roberts Campus 3075 Adeline Street, #220 Berkeley, CA 94703 510-841-3224	2 nd & 4 th Fridays 10:30, 11:30, 12:30	Alice Gates	HICAP Office: 510-839-0393
	North Berkeley Senior Center 1901 Hearst Street Berkeley, CA 94709	<i>*Site closed for construction from January 2019 through Summer 2020 – relocated to West Berkeley Service Center, see below</i>		
	West Berkeley Service Center 1900 6th Street Berkeley, CA 94710 510-981-5190	2 nd & 4 th Tuesdays 9:00, 10:00, 11:00	Mary Gilkerson	HICAP Office: 510-839-0393
	LifeLong Medical Care, Over 60 Clinic 3260 Sacramento Street Berkeley, CA 94703 (510) 981-4100	1 st Mondays 1:00, 2:00, 3:00	Ellen Kaufman	Clinic patients only (scheduled by HICAP Office)
		3 rd Wednesdays 1:00, 2:00, 3:00	Dennis Lum	
South Berkeley Senior Center 2939 Ellis Street Berkeley, CA 94703 510-981-5170	1 st & 3 rd Fridays 1:00, 2:00, 3:00	Edith Goldstein	HICAP Office: 510-839-0393	
Castro Valley	Aitken Senior Center 17800 Redwood Road Castro Valley, CA 94546 510-881-6738	2 nd & 4 th Mondays 9:00, 10:00, 11:00, 12:00	Johnny Roland*	Aitken SC: 510-881-6738
	Castro Valley Library 3600 Norbridge Ave. Castro Valley, CA 94546 510-667-7900	1 st and 3 rd Saturdays 10:00, 11:00	Elaine Wong-Eakin	HICAP Office: 510-839-0393

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Dublin	Dublin Senior Center 7600 Amador Valley Blvd. Dublin, CA 94568 925-556-4511	2 nd Wednesdays 12:30, 1:30, 2:30	Edmund Lam (Cantonese & Mandarin)	Dublin SC: 925-556-4511
		4 th Wednesdays 12:30, 1:30, 2:30	Ada Schoch	
Emeryville	Emeryville Senior Center 4321 Salem Street Emeryville, CA 94608 510-596-3730	3 rd Thursdays 1:00, 2:00, 3:00	Bob Gibney*	HICAP Office: 510-839-0393
Fremont	Fremont Family Resource Center 39155 Liberty Street Fremont, CA 94538 510-574-2026	Available Mondays & Tuesdays, 8:00 am - 5:00 pm	Arnie Becker* <i>Alternate:</i> Ashok Desai (Hindi & Gujarati)	FFRC: 510-574-2026
	Fremont On Lok – Peralta Center 3683 Peralta Blvd. Fremont, CA 94536 510-494-3700	1 st & 3 rd Wednesdays 9:00, 9:45 & 10:30	Ashok Desai (Hindi & Gujarati)	HICAP Office: 510-839-0393
	Fremont Senior Center 40086 Paseo Padre Parkway Fremont, CA 94538 510-790-6600	2 nd & 4 th Mondays 1:00, 1:45, 2:30, 3:15	Ken Arora (Punjabi & Hindi)	Fremont SC: 510-790-6600
		1 st & 3 rd Thursdays 1:00, 1:45, 2:30, 3:15	Ashok Desai (Hindi & Gujarati)	
	Palo Alto Medical Foundation Community Health Resource Center Building 2, 1 st Floor 3200 Kearney Street Fremont, CA 94538 510-623-2231	1 st Wednesdays 2:00, 3:00, 4:00 3 rd Wednesdays 9:00, 10:00, 11:00	Jan Quilici	HICAP Office: 510-839-0393
Hayward	Hayward Area Senior Center 22325 N. 3 rd Street Hayward, CA 94541 510-881-6766	1 st & 3 rd Tuesdays 10:00, 11:00, 12:00	Dan Norton	Hayward SC: 510-881-6766
	Hayward Social Security Administration 24301 Southland Drive, Suite 500 Hayward, CA 94545 1-800-772-1213	1 st & 2 nd Thursdays 12:00, 1:00, 2:00	Pat Macholl	HICAP Office: 510-839-0393
	CRIL - Community Resources for Independent Living 439 A Street Hayward, CA 94541 510-881-5743	2 nd & 4 th Thursdays 10:30, 11:30, 12:30	Terry Kranitz	HICAP Office: 510-839-0393

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Livermore	Livermore Senior Center 4444 East Avenue Livermore, CA 94550 925-373-5760	1 st & 3 rd Wednesdays 9:15, 10:15, 11:15	Nancy Kung* (Mandarin) <i>Alternate:</i> <i>Johnny Roland*</i>	Livermore SC: 925-373-5760
	Stanford–Valley Care Medical Center 1111 East Stanley Boulevard Livermore, CA 94550 925-447-7000	1 st & 3 rd Tuesdays 8:30, 9:30, 10:30	Ada Schoch	HICAP Office: 510-839-0393
Newark	Newark Senior Center 7401 Enterprise Drive Newark, CA 94560 510-578-4840	1 st Wednesdays 9:15, 10:15, 11:15	Janet Quilici	HICAP Office: 510-839-0393
Oakland	Asian Health Services 818 Webster Street Oakland, CA 94607	2 nd and 4 th Tuesdays 9:00, 10:00, 11:00	Grace Chang (Cantonese and Mandarin)	Clinic patients only: 510-986-6880
	Downtown Oakland Senior Center 200 Grand Avenue Oakland, CA 94610 510-238-3284	2 nd & 4 th Mondays 10:00, 11:00, 12:00, 1:00	Marshall Johnson	HICAP Office: 510-839-0393
	Fruitvale Senior Center 3301 East 12 th Street, Suite 201 Oakland, CA 94601 510-535-6123	3 rd Thursdays 9:00, 10:00, 11:00	Gerry Eiselman* (Spanish)	HICAP Office: 510-839-0393
	Legal Assistance for Seniors/HICAP 333 Hegenberger Road, Suite 850 Oakland, CA 94621 510-839-0393	1 st & 3 rd Mondays 9:30, 10:30, 11:30	Carol Sandoval	HICAP Office: 510-839-0393
		1 st & 3 rd Tuesdays 9:30, 10:30, 11:30	Monica Schaeffer (<i>leave of absence</i>)	
		1 st & 3 rd Tuesdays 1:00, 2:00, 3:00	Jane Reid	
		2 nd & 4 th Tuesdays 10:00, 11:00, 12:00	Bob Gibney*	
		2 nd & 4 th Tuesdays 1:30, 2:30, 3:30	Alan Miller	
		2 nd & 4 th Thursdays 9:15, 10:15, 11:15	Gerry Eiselman* (Spanish)	
		2 nd Wednesdays 1:30, 2:30, 3:30	Belle Huang (Spanish)	
1 st Wednesdays 1:00, 2:00, 3:00 1 st Fridays 9:30, 10:30, 11:30	Patricia Macholl			
2 nd & 4 th Wednesdays 9.45, 10.45, 11.45	Robby Kiley			
1 st & 3 rd Thursdays 9:15, 10:15, 11:15	Grace Chang (Cantonese & Mandarin)			

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Oakland, cont'd	(LAS cont'd)	1 st , 2 nd & 3 rd Thursdays 1:00, 2:00, 3:00	Ed Mendoza	
		4 th Thursdays 1:00, 2:00, 3:00	Belle Huang (Spanish)	
		2 nd Fridays 2:00, 3:00	Natasha Mascarenhas	
		3 rd Fridays 10:00, 11:00	Christine Sung (Mandarin)	
		3 rd Fridays 1:00, 2:00, 3:00	Edmund Lam (Cantonese & Mandarin)	
North Oakland Senior Center 5714 Martin Luther King Way Oakland, CA 94609 510-597-5085	2 nd & 4 th Tuesdays 9:30, 10:30, 11:30	Marshall Johnson	HICAP Office: 510-839-0393	
LifeLong East Oakland 10700 MacArthur Blvd (Foothill Square) Oakland, CA 94605 510-981-4100	Every Thursday 9:00am-12pm <i>*Clinic patients given priority</i>	Arnie Becker* <i>Alternate: Carol Sandoval</i>	Social Worker Brigitte Peltekof: 510-563-4356	
St. Mary's Center 925 Brockhurst Street Oakland, CA 94608 510-923-9600	1 st & 3 rd Wednesdays 9:00, 10:00, 11:00	<i>Roxie Kellam (Leave of absence)</i>	HICAP Office: 510-839-0393	
Pleasanton	Pleasanton Senior Center 5353 Sunol Boulevard Pleasanton, CA 94566 925-931-5365	1 st & 3 rd Thursdays: 9:00, 9:45, 10:30, 11:15, 12:00	Marilyn Cutting*	Pleasanton SC: 925-931-5365
		2 nd Thursdays: 9:00, 9:45, 10:30, 11:15am 4 th Thursdays: 12:30, 1:15, 2:00, 2:45pm	Edmund Lam (Cantonese & Mandarin)	
	John Muir Health, Outpatient Center 5860 Owens Drive Pleasanton, CA 94588 925-224-0800	2 nd Thursdays 9:00, 9:45, 10:30, 11:15, 12:00	Marilyn Cutting*	HICAP Office: 510-839-0393
San Leandro	Ashland Community Center 1530 167 th Avenue San Leandro, CA 94578 510-881-6755	4 th Tuesdays 10:00, 11:00, 12:00	Mary Wilson	HICAP Office: 510-839-0393
	Senior Community Center 13909 East 14th Street San Leandro, CA 94578 510-577-3462	1 st & 3 rd Tuesdays 10:00, 11:00, 12:00	Mary Wilson	HICAP Office: 510-839-0393
Union City	Ruggieri Senior Center 33997 Alvarado-Niles Road Union City, CA 94587 510-489-6629	1 st & 3 rd Mondays 1:00, 2:00, 3:00	Jan Quilici	HICAP Office: 510-839-0393

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