



HICAP Counseling Sites Alameda County Legal Assistance for Seniors



These appointments continue to be for telephone counseling only, until it is deemed safe to return to in-person counseling after the Public Health Emergency ends.

| City | Location | Times | Counselor | Call for an Appointment |
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| Alameda | Mastick Senior Center 1155 Santa Clara Avenue Alameda, CA 94501 510-747-7500 | 1 st & 3 rd Tuesdays 9:30, 10:30, 11:30 | Shubha Fanse | HICAP Office: 510-839-0393 |
| Albany | Albany Senior Center 846 Masonic Avenue Albany, CA 94706 510-524-9122 | 1 st & 3 rd Tuesdays 1:00, 2:30 | Barbara Sternfeld | HICAP Office: 510-839-0393 |
| | | 1 st & 3 rd Wednesdays 1:00, 2:30 | William Scaglione | |
| Berkeley | Center for Accessible Technology at the Ed Roberts Campus 3075 Adeline Street, #220 Berkeley, CA 94703 510-841-3224 | Temporarily Unavailable | Alice Gates | HICAP Office: 510-839-0393 |
| | North Berkeley Senior Center 1901 Hearst Street Berkeley, CA 94709 | 1 st & 3 rd Tuesdays 1:00, 2:00 1 st & 3 rd Thursdays 1:00, 2:00, 3:00 | Terri Doyle | HICAP Office: 510-839-0393 |
| | LifeLong Medical Care, Over 60 Clinic 3260 Sacramento Street Berkeley, CA 94703 (510) 981-4100 | 1 st Mondays 1:00, 2:00, 3:00 | Ellen Kaufman | HICAP Office: 510-839-0393 |
| | | 3 rd Wednesdays 9:30, 10:30, 11:30 | Dennis Lum* | |
| South Berkeley Senior Center 2939 Ellis Street Berkeley, CA 94703 510-981-5170 | 1 st & 3 rd Fridays 12:30, 2:00, 3:30 | Edith Goldstein | HICAP Office: 510-839-0393 | |
| Castro Valley | Aitken Senior Center 17800 Redwood Road Castro Valley, CA 94546 510-881-6738 | 4 th Mondays 9:00, 11:00, 1:00, 3:00 | Johnny Roland* | HICAP Office: 510-839-0393 |
| Castro Valley Cont'd | Castro Valley Library 3600 Norbridge Ave. Castro Valley, CA 94546 510-667-7900 | Temporarily Unavailable | To Be Determined | HICAP Office: 510-839-0393 |

*Registered as Long Term Care (Insurance) Counselors

| City | Location | Times | Counselor | Call for an Appointment |
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| Dublin | Dublin Senior Center 7600 Amador Valley Blvd. Dublin, CA 94568 925-556-4511 | 2 nd Wednesdays 12:30, 1:30, 2:30 | Edmund Lam (Cantonese & Mandarin) | HICAP Office: 510-839-0393 |
| Emeryville | Emeryville Senior Center 4321 Salem Street Emeryville, CA 94608 510-596-3730 | 3 rd Thursdays 10:00, 11:00, 12:00 | Bob Gibney* | HICAP Office: 510-839-0393 |
| Fremont | Fremont Family Resource Center 39155 Liberty Street Fremont, CA 94538 510-574-2026 | Available Mondays & Tuesdays, 8:00 am - 5:00 pm | Arnie Becker* <i>Alternate:</i> Ashok Desai (Hindi & Gujarati) | FFRC: 510-574-2026 |
| | Fremont Senior Center 40086 Paseo Padre Parkway Fremont, CA 94538 510-790-6600 | 2 nd & 4 th Mondays 1:00, 1:45, 2:30, 3:15 | Ken Arora (Punjabi & Hindi) | HICAP Office: 510-839-0393 |
| | | 1 st & 3 rd Thursdays 9:00, 9:45, 10:30, 11:15 | Ashok Desai (Hindi & Gujarati) | |
| Palo Alto Medical Foundation Community Health Resource Center Building 2, 1 st Floor 3200 Kearney Street Fremont, CA 94538 510-623-2231 | 1 st Wednesdays 2:00, 3:00, 4:00 3 rd Wednesdays 9:00, 10:00, 11:00 | Jan Quilici | HICAP Office: 510-839-0393 | |
| Hayward | Hayward Area Senior Center 22325 N. 3 rd Street Hayward, CA 94541 510-881-6766 | 1 st & 3 rd Wednesdays 10:00, 11:00, 12:00 | Dan Norton | HICAP Office: 510-839-0393 |
| | CRIL - Community Resources for Independent Living 439 A Street Hayward, CA 94541 510-881-5743 | 2 nd & 4 th Thursdays 10:30, 11:30, 12:30 | Terry Kranitz | HICAP Office: 510-839-0393 |
| Livermore | Livermore Senior Center 4444 East Avenue Livermore, CA 94550 925-373-5760 | 1 st & 3 rd Wednesdays 9:15, 10:15, 11:15 | Nancy Kung* (Mandarin) | HICAP Office: 510-839-0393 |
| | Stanford–Valley Care Medical Center 1111 East Stanley Boulevard Livermore, CA 94550 925-447-7000 | Temporarily Unavailable | To Be Determined | HICAP Office: 510-839-0393 |
| Newark | Newark Senior Center 7401 Enterprise Drive Newark, CA 94560 510-578-4840 | Temporarily Unavailable | Janet Quilici | HICAP Office: 510-839-0393 |

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| Oakland | Asian Health Services 818 Webster Street Oakland, CA 94607 510-986-6800 | As Needed | Edmund Lam (Cantonese & Mandarin) | HICAP Office: 510-839-0393, ext. 306 |
| | Center for Elders' Independence 510 17 th Street Oakland, CA 94612 510-433-1150 | Temporarily Unavailable | To Be Determined | HICAP Office: 510-839-0393 |
| | Downtown Oakland Senior Center 200 Grand Avenue Oakland, CA 94612 510-238-3284 | Temporarily Unavailable | To Be Determined | HICAP Office: 510-839-0393 |
| | Fruitvale Senior Center 3301 East 12 th Street, Suite 201 Oakland, CA 94601 510-535-6123 | Temporarily Unavailable | To Be Determined | HICAP Office: 510-839-0393 |
| | Legal Assistance for Seniors/HICAP 333 Hegenberger Road, Suite 850 Oakland, CA 94621 510-839-0393 | 1 st & 3 rd Mondays 9:30, 10:30, 11:30 | Carol Sandoval | HICAP Office: 510-839-0393 |
| | | 2 nd Mondays 1:00, 2:00, 3:00 | Ellen Kaufman | |
| | | 1 st & 3 rd Tuesdays 9:00, 10:30 | Alison Hightower | |
| | | 1 st & 3 rd Tuesdays 1:00, 2:00, 3:00 | Jane Reid | |
| | | 2 nd & 4 th Tuesdays 10:00, 11:00, 12:00 | Bob Gibney* | |
| | | 2 nd & 4 th Fridays 11:00, 12:30 | Idelfha Loyola | |
| | | 1 st Thursdays: 12:30 3 rd Wednesdays 11:00, 12:30, 2:00 | Aimee Chitayat (Spanish) | |
| | | 2 nd & 4 th Tuesdays 1:30, 2:30, 3:30 | Alan Miller* | |
| 2 nd & 4 th Mondays 9:30, 11:00 | | Robert Glickstein | | |
| 2 nd Wednesdays 1:30, 2:30, 3:30 | | Belle Huang (Spanish) | | |
| 1 st Wednesdays: 1:00, 2:00, 3:00; 1 st Fridays: 9:30, 10:30, 11:30 | Patricia Macholl | | | |
| 2 nd Thursdays 9:15, 10:15, 11:15 | Jacob Sytsma (Spanish) | | | |
| (LAS/HICAP cont'd) | | | | |

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| Oakland, cont'd | | 4 th Wednesdays 1:00, 2:00, 3:00 | Belle Huang (Spanish) | HICAP Office: 510-839-0393 |
| | | 1 st & 3 rd Fridays 1:00, 2:30 | John Hightower | |
| | | 3 rd Fridays 1:00, 2:00, 3:00 | Edmund Lam (Cantonese & Mandarin) | |
| | North Oakland Senior Center 5714 Martin Luther King Way Oakland, CA 94609 510-597-5085 | 2 nd & 4 th Tuesdays 1:00, 2:00 2 nd & 4 th Thursdays 1:00, 2:00, 3:00 | Terri Doyle | HICAP Office: 510-839-0393 |
| | LifeLong East Oakland 10700 MacArthur Blvd (Foothill Square) Oakland, CA 94605 510-981-4100 | Every Thursday 9:00 -12 noon | Arnie Becker* <i>Alternate: Carol Sandoval</i> | Social Worker Brigitte Peltekof: 510-563-4356 |
| Pleasanton | Pleasanton Senior Center 5353 Sunol Boulevard Pleasanton, CA 94566 925-931-5365 | 1 st & 3 rd Thursdays: 9:00, 9:45, 10:30, 11:15, 12:00 | Marilyn Cutting | HICAP Office: 510-839-0393 |
| | | 2 nd Thursdays: 9:00, 9:45, 10:30, 11:15 4 th Thursdays: 12:30, 1:15, 2:00, 2:45 | Edmund Lam (Cantonese & Mandarin) | |
| San Leandro | Ashland Community Center 1530 167 th Avenue San Leandro, CA 94578 510-881-6755 | Temporarily Unavailable | To Be Determined | HICAP Office: 510-839-0393 |
| | Senior Community Center 13909 East 14th Street San Leandro, CA 94578 510-577-3462 | 1 st & 3 rd Tuesdays 10:00, 11:00, 12:00 | Mary Wilson | HICAP Office: 510-839-0393 |
| Union City | Ruggieri Senior Center 33997 Alvarado-Niles Road Union City, CA 94587 510-489-6629 | 1 st & 3 rd Mondays 1:00, 2:00, 3:00 | Jan Quilici | HICAP Office: 510-839-0393 |

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