



# HICAP Counseling Sites Alameda County Legal Assistance for Seniors



**These appointments continue to be for telephone counseling unless otherwise noted.**

City	Location	Times	Counselor	Call for an Appointment
<b>Alameda</b>	<b>Mastick Senior Center</b> 1155 Santa Clara Avenue Alameda, CA 94501 510-747-7500	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays 9:30, 10:30, 11:30	Shubha Fanse (Gujarati, Hindi, Marathi, and Urdu)	<b>HICAP Office: 510-839-0393</b>
<b>Albany</b>	<b>Albany Senior Center</b> 846 Masonic Avenue Albany, CA 94706 510-524-9122	<b>IN PERSON:</b> 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays 1:00, 2:30	William Scaglione	<b>HICAP Office: 510-839-0393</b>
<b>Berkeley</b>	<b>North Berkeley Senior Center</b> 1901 Hearst Street Berkeley, CA 94709	<b>IN PERSON:</b> 1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays 10:00, 11:30	Chris Weber	<b>HICAP Office: 510-839-0393</b>
	<b>LifeLong Medical Care, Over 60 Clinic</b> 3260 Sacramento Street Berkeley, CA 94703 (510) 981-4100	1 <sup>st</sup> Mondays 1:00, 2:00, 3:00	Ellen Kaufman	<b>HICAP Office: 510-839-0393</b>
		3 <sup>rd</sup> Wednesdays 9:30, 10:30, 11:30	Dennis Lum*	
	<b>South Berkeley Senior Center</b> 2939 Ellis Street Berkeley, CA 94703 510-981-5170	<b>IN PERSON:</b> 1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays 10:00, 11:00, 12:00	Edith Goldstein	<b>HICAP Office: 510-839-0393</b>
<b>Castro Valley</b>	<b>Aitken Senior Center</b> 17800 Redwood Road Castro Valley, CA 94546 510-881-6738	<b>IN PERSON:</b> 2 <sup>nd</sup> & 4 <sup>th</sup> Mondays 12:00, 1:00	Mike Mandel	<b>HICAP Office: 510-839-0393</b>
<b>Dublin</b>	<b>Dublin Senior Center</b> 7600 Amador Valley Blvd. Dublin, CA 94568 925-556-4511	<b>IN PERSON:</b> 2 <sup>nd</sup> Wednesdays 12:30, 1:30, 2:30	Edmund Lam (Cantonese & Mandarin)	<b>HICAP Office: 510-839-0393</b>
<b>Emeryville</b>	<b>Emeryville Senior Center</b> 4321 Salem Street Emeryville, CA 94608 510-596-3730	3 <sup>rd</sup> Thursdays 10:00, 11:00, 12:00	Bob Gibney*	<b>HICAP Office: 510-839-0393</b>
		<b>IN PERSON:</b> 2 <sup>nd</sup> & 3 <sup>rd</sup> Wednesdays 9:00, 10:30	Diana Soublet	<b>HICAP Office: 510-839-0393</b>

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Fremont	<b>Fremont Family Resource Center</b> 39155 Liberty Street Fremont, CA 94538 510-574-2026	Available Mondays & Tuesdays, 8:00 am - 5:00 pm	<b>IN PERSON:</b> Arnie Becker*	<b>FFRC:</b> 510-574-2026
	<b>Fremont Senior Center</b> 40086 Paseo Padre Parkway Fremont, CA 94538 510-790-6600	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays 1:00, 1:45, 2:30, 3:15	Ken Arora (Punjabi & Hindi)	<b>HICAP Office:</b> 510-839-0393
		1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays 9:00, 9:45, 10:30, 11:15	Ashok Desai (Hindi & Gujarati)	
	<b>Palo Alto Medical Foundation Community Health Resource Center</b> Building 2, 1 <sup>st</sup> Floor 3200 Kearney Street Fremont, CA 94538 510-623-2231	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays 9:00, 10:00, 11:00	Jan Quilici	<b>HICAP Office:</b> 510-839-0393
Hayward	<b>Hayward Area Senior Center</b> 22325 N. 3 <sup>rd</sup> Street Hayward, CA 94541 510-881-6766	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays 10:00, 11:00, 12:00	Dan Norton	<b>HICAP Office:</b> 510-839-0393
	<b>CRIL - Community Resources for Independent Living</b> 439 A Street Hayward, CA 94541 510-881-5743	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 10:30, 11:30, 12:30	Terry Kranitz	<b>HICAP Office:</b> 510-839-0393
Livermore	<b>Livermore Senior Center</b> 4444 East Avenue Livermore, CA 94550 925-373-5760	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays 9:15, 10:15, 11:15	Nancy Kung* (Mandarin)	<b>HICAP Office:</b> 510-839-0393
Oakland	<b>Asian Health Services</b> 818 Webster Street Oakland, CA 94607 510-986-6800	<b>IN PERSON:</b> 1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday 10:00, 11:00, 1:00	Edmund Lam (Cantonese & Mandarin)	<b>Clinic Patients Only:</b> 510-986-6880
	<b>East Bay Korean American Senior Services Center</b> 1723 Telegraph Ave. Oakland, CA 94612 510-235-6179	<b>IN PERSON:</b> 2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 11:00, 12:00, 1:00	Yoon Kim (Korean)	<b>East Bay Korean American Senior Services Center:</b> 510-235-6179

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City	Location	Times	Counselor	Call for an Appointment
Oakland, continued	<b>Family Bridges</b> 375 14 <sup>th</sup> Street Oakland, CA 94612 510-839-2022	<b>IN PERSON:</b> 4 <sup>th</sup> Thursday 10:00 – 3:00	Edmund Lam (Mandarin & Cantonese)	<b>Family Bridges:</b> 510-839-2022
	<b>Legal Assistance for Seniors/HICAP</b> 333 Hegenberger Road, Suite 850 Oakland, CA 94621 510-839-0393	<b>IN PERSON:</b> 1 <sup>st</sup> & 3 <sup>rd</sup> Mondays 9:30, 10:30, 11:30	Carol Sandoval	<b>HICAP Office:</b> 510-839-0393
		2 <sup>nd</sup> Mondays 1:00, 2:00, 3:00	Ellen Kaufman	
		1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays 9:00, 10:30	Alison Hightower	
		1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays 9:00, 10:30	John Hightower	
		2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays 10:00, 11:00, 12:00	Bob Gibney*	
		1 <sup>st</sup> Thursday 12:30 3 <sup>rd</sup> Wednesday 10:00, 11:30, 1:00	Aimee Chitayat (Spanish)	
		2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays 1:30, 2:30, 3:30	Alan Miller*	
		Every Monday 9:30, 11:00	Robert Glickstein	
		2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 10:00, 11:00, 12:00	Belle Huang (Spanish)	
		<b>IN PERSON:</b> 1 <sup>st</sup> Wednesdays: 1:00, 2:00, 3:00; 1 <sup>st</sup> Fridays: 9:30, 10:30, 11:30	Patricia Macholl	
	2 <sup>nd</sup> Thursdays 9:15, 10:15, 11:15	Jacob Sytsma (Spanish)		
	<b>North Oakland Senior Center</b> 5714 Martin Luther King Way Oakland, CA 94609 510-597-5085	<b>IN PERSON:</b> Every Thursday 12:00, 1:00, 2:00	Terri Doyle	<b>HICAP Office:</b> 510-839-0393
	<b>LifeLong East Oakland</b> 10700 MacArthur Blvd (Foothill Square) Oakland, CA 94605 510-981-4100	Every Thursday 9:00 -12 noon	Arnie Becker*  <i>Alternate:</i> Carol Sandoval	<b>Social Worker</b> <b>Brigitte</b> <b>Peltekof:</b>  <b>510-563-4356</b>

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<b>Pleasanton</b>	<b>Pleasanton Senior Center</b> 5353 Sunol Boulevard Pleasanton, CA 94566 925-931-5365	<b>IN PERSON:</b> 2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays 1:00, 2:00, 3:00	Edmund Lam (Cantonese & Mandarin)	<b>HICAP OFFICE:</b> <b>510-839-0393</b>
	<b>Tri-Valley Career Center</b> 5860 Owens Drive 3rd Floor Pleasanton, CA 94588 925-416-5100	<b>IN PERSON:</b> 4 <sup>th</sup> Mondays 9:00, 11:00, 1:00, 3:00	Johnny Roland* (Japanese)	<b>HICAP OFFICE:</b> <b>510-839-0393</b>
<b>San Leandro</b>	<b>Senior Community Center</b> 13909 East 14th Street San Leandro, CA 94578 510-577-3462	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays 10:00, 11:00, 12:00	Mary Wilson	<b>HICAP Office:</b> <b>510-839-0393</b>
<b>Union City</b>	<b>Ruggieri Senior Center</b> 33997 Alvarado-Niles Road Union City, CA 94587 510-489-6629	1 <sup>st</sup> & 3 <sup>rd</sup> Mondays 1:00, 2:00, 3:00	Jan Quilici	<b>HICAP Office:</b> <b>510-839-0393</b>

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